



3R'S

(REDUCE, REUSE OR RECYCLE)

AUTUMN EVENTS:

SATURDAY 26TH OCTOBER

11AM UNTIL 2PM, AT THE CODDENHAM CENTRE

Theme: A Focus on Food

With the support of Mid-Suffolk District Council, we plan to provide food buying, preparation tips and an opportunity to share tips and recipes across the community.

The Refills Truck will be in attendance

Refreshments will be available

Collection for recycling of the following:

- Batteries
- Corks (natural)
- Coffee pods (plastic and metal)
- Metals (scrap)
- Pens, felt tips, highlighters and markers
- Plastic plant pots (clean, but they don't have to be washed)
- Small electricals, cables etc.
- Spectacles (no cases)
- Tetrapacks (flat)
- Tools (search Tools with a Mission for lists)

Community Lunches

Monthly three course meals will be served at The Coddenham Centre from 12.30pm on the following dates:

Friday, 11th October

Friday, 8th November

Friday 6th December

They are an opportunity to meet fellow residents in a convivial atmosphere without leaving the village.

Tickets will be available from the Shop and Haysel House from mid-September at a cost of £6 per person for each meal. Entry will be limited to 40 people for the first event.

Coffee, tea and water are included in the cost of the ticket, but beer, wine and other soft drinks will be available at The Coddenham Centre's usual bar prices.